Wrocław is the city of many faces – and each of them is worth exploring. Why not on a bike? The capital of Lower Silesia is proud of its Czech-Polish-German history lasting more than a thousand years. Its footprints can be found in numerous historical objects, mostly in the oldest part of the city i.e. Cathedral Island (Ostrów Tumski) with the Cathedral of St John the Baptist and the St Giles' Church, followed by the Market Square and its surroundings with the ancient buildings, which apart from the City Ha include also the House of the Ladies of Trzebnica St Claire's Church or Ossolineum.

The today's Wrocław has also plenty to offer. The National Forum of Music, the zoological garde with its unique in the global scale Afrykarium a multi-media fountain at the Centennial Ha (Hala Stulecia), Hydropolis and Kolejkowo ra miniature park – these sites are worth both seeing and visiting.

Due to a well-developed network of water channels. Wrocław is called the Venice of the North or a city of one hundred bridges. For the cyclists this translates into appealing routes leading through the embankments at the Oder River islands, bridges and catwalks. Quaint routes rur across the green urban promenades and parks full of playgrounds and sites of remembrance.

Wrocław has already established its position as a world capital of gnoms (has anyone gotten to know them all?), and grows in strength as the city of murals. Tracking them on a bike is also a great idea.

If you like longer routes, you will also find here the highly challenging ones. The two loops of a distance exceeding 50 km are already waiting for you: one being a part of the Oder River Route and the second one running along the Wrocław Stronghold.

The mysteries, nooks and crannies of the capita of Lower Silesia cannot be explored during a sin gle trip. The new goals can be set practically each day – the more that the bike season in Wrocław is all-year long.

And what has the city to offer to those, who decided to ride a bike on a daily basis?

There are 1428 km of cyclist-friendly routes and nearly 20 thousand parking places for the bikes in Wrocław. The Wrocław City Bike (bike rental) operating dynamically with its 230 stations, 2300

standard bikes and 100 electric bikes, including family cargo bikes enabling transport of children and cargo. The first free of charge 20 minutes is an additional incentive.

With so many attractions and conveniences, there is no other option than to cross Wrocław on two wheels. This is the best way to gush with the beauty of the city and feel its unique atmosphere

The Wrocław attractions

ROUTE NO. 1 DOT 290

Route length:

Route type: family, with tourist sites



12 km

Routes: gravel, asphalt Bike:

any type Map markers:



wro.news/TrasaAtrakcii



National Forum of Music, photo from the WPM UMW collections

A family bike route adapted for each level of skills and physical capacity of the cyclist. It runs through the top Wrocław attractions with the easy-to-ride routes. You start at the Wolności Square, leaving the National Forum of Music behind 1. Taking the Green Old Town Promenade, you head towards and cross the P. Skargi Street, with a beautiful Saddlebag Bastion 2 in the vicinity. After reaching the Oławska St. through the Oławska Gate (underpass), go to the other side of the street and turn right towards the R. Traugutta St. The route heads along the R. Traugutta St. Then, using the underpass under the Społeczny Square, vou reach the Walońska St. Cross the historical Oławski Bridge and with a comfortable

bicycle route go along the Na Grobli St. (worth-seeing Hydropolis 3 on the right).



Hydropolis, photo from the Hydropolis collections

As you reach the Oder River, turn left to cross the river with the Zwierzyniecka Footbridge (oh, what views on the river!). You just reached the zoological garden 4 (tip: in the summer period, you can enter the zoo also from this place). After crossing the footbridge – turn right (if you have time and inclination, take a short break at the city beach -Beach Bar Odra-Pany). Then, ride along the Oder River and turn left, crossing the Dabski Park and Z. Wróblewskiego St. to reach the Szczytnicki Park with plenty of attractions waiting for you: the Centennial Hall 5 with the Visitor Centre, a multi-media fountain and Japanese Garden nearby. In addition, the art lovers will be delighted to see the Four Domes Pavilion – the Museum of Contemporary Art. Our route crosses the Zwierzyniecki Bridge and Wyspiańskiego riverbank towards the Grunwaldzki Bridge. With the crossing you have already taken, cross the Społeczny Square and then ride along the M. i L. Kaczyńskich Boulevard and X. Dunikowskiego Boulevard (the National Museum 6 on the left and a picturesque view on the Cathedral Island 77 – the oldest part of Wrocław on the right) head towards the Market Square 8 to finish the route.



Wrocław Market Square, photo from the WPM UMW collections

Krzycka Promenade

Route type:

family, nature.

with tourist sites

Route length:

ROUTE NO. 2 DOT 291

9 km

Routes:

asphalt, gravel Bike: any type

Map markers:



This short family route takes you around the green areas. Its starts at the Tarnogajskie Hill 1, from where it heads to the west towards the picturesque Południowy Park 2. Here you can take a break and have some rest in a café. The Krzycka Promenade heads towards the Grabiszyński Park 3. You can find there numerous playgrounds (a great rope park for children), outdoor gyms, running routes and dog parks. Take a while to stop by the sites of remembrances: the Monument of Polish Soldiers, the Monument of Common Memory and the relic gravestones (the park covers a part of a former cemetery). The route ends behind the river, in the Mamuta Park 4



Mamuta Park, photo from the WPM UMW collections

Murals

ROUTE NO. 3 DOT 292



Route type: family, nature. with tourist sites

Route length: 6 km Routes:



Bike: any type Map markers:

wro.news/TrasaPoMuralach

A highly artistic route. It runs through Nadodrze and Ołbin, the housing estates famous for providing contact with art without entering the gallery. Take your colleagues, friends and family and discover the murals together! There are several of them on the route; each of them is worth stopping by, admiring and learning about its history. Many murals are hidden in the yards – be watchful to not to miss out!



"Heart of Nadodrze" mural, photo from the WPM UMW collections

The route starts at the W. Łokietka St. at the "Gate to Nadodrze" mural 1. From there, go towards the Św. Macieja Square. Cross it and turn left in the Paulińska St. and then, at the crossing with L. Rvdygiera St. - turn right to reach the "Heart of Nadodrze" mural. Riding further, you will reach the K. Jagiellończyka St., where you can stop by and admire the minimalistic mural of Escif. Then, taking the J. Niemcewicza St., go to the Ołbińska St. ornamented by the mural depicting a young woman. Follow the Jedności Narodowej St. to the crossing with the Roosevelta St., where you will discover the astonishing murals on so called colorful yards 2

(don't miss a thing: the murals are located on both sides of the street!).



Go back to the crossing with the Jedności Naro-

Oder River you will reach another work of street art -

dowei St. and cross it. Take the Oleśnicka St. and reach the Żeromskiego St. – another three murals wait for you at the yard 3. Then, along the I. Daszyńskiego St., you will once again reach the Jedności Narodowei St. – follow it to the Poniatowskiego St. Then turn towards the J. Kilińskiego St. directly to the A. German Roundabout. From this point, go once again towards the Jedności Narodowej St. to see the famous backyard mural with the inscription: "Neighbour! Lend a glass of sugar!" Heading the Jedności Narodowej St. towards the



Mural at Cybulskiego St., photo from the WPM UMW collections

The route is easy, well marked and accessible for all. It runs with the city downtown small streets of low traffic intensity, usually without a separate bicycle infrastructure. Keep your eyes on the other traffic participants and mind the right-hand rule!

Wrocław route by the Oder

family, nature, with tourist

ROUTE NO. 4 DOT 293

sites and views

Route length:

asphalt, ground

13.5 km



Bike: any type Map markers:



An enjoyable route running mostly across the green areas. Not too long, a perfect plan for a family trip. It runs mostly via ground routes and creates a closed



ZaZoo Beach Bar, photo from the WPM UMW collections

The route starts at the foot of the Zwierzyniecki Bridge 1, near the boat and kayak rental. A picturesque route runs along the Old Oder River and then with the flood embankment to the Opatowice Weir. When riding, you cross the zoological garden and Biskupiński Park on the left and three city beaches, where you can seat and cool yourself with a drink: ZaZoo Beach Bar, Odra-Pany Beach Bar and OpatoVice Beach Bar on the right; take a closer look at the Zwierzyniecka Footbridge, from where you can admire a beautiful view on the Oder River. Then you cross under the bridges of the newly-built Great Island Avenue (Aleia Wielkiei Wyspy) and reach the Opatowice Weir 2, from where you have only a several hundred meters to the Bartoszowice Weir 3. Turn left towards north west immediately before the weir. The Shipping Channel and Flood Chan-

nel will be on your right. Then ride next to the Chrobrego Bridges, Kilimandżaro Hill 4 and the Jagiellońskie Bridges. Then turn left towards the Gem hotel and next to the Szczytnicki and Zwierzyniecki Bridges, where the route finishes.



Zwierzyniecki Bridge, photo from the WPM UMW collections

Oder River Route

ROUTE NO. 5 (CZ. III) DOT 72

Route type: family, nature, with tourist sites Route length:



gravel, asphalt ground

Bike: any type Map markers:



wro.news/SzlakOdry

This 53 km long route runs both through the very heart of the city and the suburban meadows and forests. It is a part of the Oder River Bike Route (Rowerowy Szlak Odry), charted since 2005 and of the current length of 1064 km. Compared to the other sections of the Route, the contact with nature is less intensive here. There are many quaint urban sections instead, since the route partially crosses Wrocław. The route is surprisingly smooth: it enables easy and comfortable ride, without staying alert for the whole time. The section along the Widawa River runs nearly entirely on the flood embankments with gravel surface, similarly as in the Lesicki Forest 1 and at the section between the





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Rędziński 2 and Milenijny Bridges 3. The remaining parts include the bike paths in the city downtown and forest ground routes. Vehicle roads are only a few kilometres of the route. These roads are of low traffic intensity, however with a high number of crossings at risk of collision, which require alertness. In the Wrocław downtown – you need to keep a watchful eye on the pedestrians. The downtown is also the place with the highest number of cultural sites – a museum or art gallery at every step!

The route is guite long, so you can be concerned if you manage to take it within one day. Luckily, there are plenty of railway stations nearby, so you can start and finish your trip at any point, for example at the Mikołajów, Psie Pole, Różanka or Sołtysowice railway station. The Rędziński Forest 4 and Opatowicka Island 5 are the natural sites for a peaceful rest.



Redziński Forest, photo from the WPM UMW collections

Wrocław Fortress loop

DOT 79

Route type:

family, with tourist sites, historical

Route length: 55 km Routes:

gravel, asphalt

Bike:

any type

Map markers:

An extensive loop running nearby the Wrocław Fort ress (Twierdza Wrocław) remains. These fortification and garrison structures, unique in the European scale, have been erected by the Germans since 1889 for about a half of the century. A large part of them has been demolished after the World War II, while the survivors form today a part of a dedicated route of historical military objects. At least some of them are worth seeing. The route is mostly smooth and enjoyable; there are many bike routes, comfortable roads on the flood embankments as well as some surprising nooks and crannies, which keep any yawn away. Plus plenty of great views.

The route starts at the railway station in Brochów housing estate 1, where the first "iron road" at the territory of the today's Poland was built – the cornerstone of the Wrocław-Oława Upper Silesian Railway. Then, via Księże Wielkie, it leads to the Eastern Park 2 and Rakowiecki Forest 3 with the remains of the German air defence post. Go further along the Międzyrzecka St. to the Zwierzyniecka Footbridge. Cross the Oder River and turn right to the flood embankments to reach the Bartoszowice Weir. The mobilization bunker no. 3 4 built in 1914 is located near the Swoiczycko-Kowalska Dyke. Riding along the Miłoszycka St. towards Kowale, you will pass the mobilization bunker no. 6 5 on the right. Head north, pass the Wrocław-Kowale railway station and then the Wrocław-Sołtysowice station. You will find there one of the best preserved sites on the route – the infantry fort no. 4 6. The "Adventure Fort" military amusement park, where you can take part in paintball battles, outdoor games or quad rides, is located nearby.

From the Redycka St. head towards the Starościńska St. to reach the infantry fort no. 6 7, which is administered by the experts from the Wrocław Fortification Association. Then turn west – to the Osobowicki Forest, where the barracks of the Reich Labour Service were hosted. The nearby Social Military Museum 8 at the Pełczyńska St. is worth



The route runs from Osobowice to the Zachodni Park **9**. By crossing the Pilczycka St. you will reach another bunker. Then go to the Grabiszyński Park via Gadów and Muchobór Małv, cross the Racławicka St. and go to the Skarbowców St. – to find bunker no. 15 10. The last military object on this route a civil bunker – is located in Wojszyce.

Active Wrocław – bike competitions

Apart of a continuously developing network of urban paths and beautiful tourist routes, Wrocław has also something to offer to the competition enthusiasts. They can take part in the dedicated promotional actions - including the key ones: "Ride Around" ("W kółko kręcę") and "May on Bike" ("Rowerowy

The "W kółko kręcę" action has been organised since 2020. Each edition gathers more than a thousand participants who – choosing a bike as its main mean of transport – compete for valuable prizes (including bikes, sweatshirts, bicycle equipment and passes for the city sites). The competition is addressed to professionally active persons, students, youth from the secondary schools and the seniors. It aims at promoting a bike as an all-year round mean of transport in the city and at extending the bike season. The main competition takes place at the turn of October and November, however the March edition also has its enthusiasts.

May on Bike is an all-Poland campaign joined by Wrocław a few years ago. The target group is the children from kindergartens and primary schools, as well as the teachers and parents. The action aims at encouraging them to ride to the educational facilities by bikes, scooters or rollerblades. The most active kindergartens and schools are awarded with amazing prizes.

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ON THE ROUTE OF BICYCLE **ADVENTURE**



Wrocław the meeting PLACE